

the Kitchen

restaurant • bar • café



menu



starters

Homemade Soup (gf) (ve) (v) unless otherwise stated £5.99

We make our soup from fresh seasonal ingredients and serve it with freshly baked bread. Please ask for today's flavour.

Goat's Cheese Bruschetta (gf) (v) £6.29

Grilled goat's cheese topped with onion chutney served on sourdough bread.

Garlic Mushrooms (gf) (v) £6.29

Served on toasted sourdough bread. (add stilton for £1.00)

Prawn Cocktail (gf) £7.99

Prawns in a classic Marie Rose sauce on shredded lettuce.

Crumbed Brie & Cranberry Sauce (v) £6.29

A breaded Brie wedge served with cranberry compote and dressed salad leaves.

Homemade Chicken Liver Pate (gf) £6.29

Spiked with brandy and green peppercorns, served with toasted sourdough bread.

Garlic Bread (v) £3.99

(add cheese for £1.00)

Vegetable Spring Rolls (v) (ve) £5.99

With sweet chilli dip.

ploughman's and salads

Kitchen Ploughman's (gf optional) £11.99

Home baked ham, chicken liver pate, grapes, pickled onions, celery and cheddar cheese with chutney and freshly baked bread.

Kitchen Caesar Salad (gf optional) (v) £6.99

Mixed salad leaves, free range egg, roasted capers, Caesar dressing and shaved Italian hard cheese.

Kitchen Garden Salad (gf optional) (v) £6.99

Mixed salad leaves, cucumber, celery, red onion and tomato with our kitchen house dressing.

Add a topping to our Caesar or garden salad

Add Prawn Marie Rose Sauce (gf optional) £6.99

Add Pole Line Caught Tuna and Mayonnaise (gf optional) £4.99

Add Homemade Cooked Ham (gf optional) £4.99

Add Roast Chicken (gf optional) £4.99

Add Goats Cheese (gf optional) £4.99

Add Oumph (ve) (gf) Epic veggie eating for free range humans. Chunks of soya bean protein in a BBQ sauce. £4.99

the Kitchen roast of the day

We serve a roast every day, ask your server for details and about our gluten free options.

Add Mashed Potato to your roast for £2.00*

*This is an optional extra, and can not be substituted for roast potatoes

build your own burger

Homemade Beef Burger and Chips (gf) £11.99

With red onion, tomato and mixed salad leaves.

Spicy Bean Burger and Chips (v) £9.99

With red onion, tomato and mixed salad leaves.

Oumph Burger (gf optional) £11.99

Epic veggie eating for free range humans. Chunks of soya bean protein in a BBQ sauce.

Add Cheddar cheese or a fried egg £1.29

Add Stilton cheese, chilli, bacon, or onion rings £1.49

Add an extra Beef or Bean patty or extra Oumph £3.99

fish

Traditional Beer Battered Fish and Chips £11.99

Served with mushy or garden peas, chips and homemade tartare sauce.

Gluten Free Battered Fish and Chips (gf) £11.99

Our homemade gluten-free batter cooked in Rapeseed oil in a separate fryer & served with mushy or garden peas, chips and homemade tartare sauce.

Surf & Surf and Chips £12.49

Half a portion of battered cod and half a portion of fried scampi served with garden peas, chips and homemade tartar sauce.

Scampi and Chips £12.49

Served with either mushy peas or garden peas, chips and homemade tartare sauce.

kid's menu perfect for kids up to 10 years

Picnic Plate (gf) (v option) £5.99

A choice of crustless finger sandwiches (home cooked ham, tuna mayonnaise, free range egg mayonnaise or cheddar cheese), served with raw vegetable strips, sausage bites with tomato relish, crisps and fresh fruit.

Macaroni Cheese (v) £4.99

With baked beans or peas.

Homemade Beef Burger on a Seeded Bun & Chips £4.99

Cod Fish Fingers £4.99

Served with chips, garden peas or baked beans.

Cottage Pie £4.99

Homemade traditional cottage pie served with peas or beans.

kid's puddings

Vanilla, Chocolate or Strawberry Ice Cream (gf) £1.99

Chocolate Brownie with Vanilla Ice Cream (gf option) £2.99

Strawberry Jelly and Ice Cream £2.99

Locally Sourced Little Sausages and Mash £4.99

Served with garden peas or baked beans.
We're happy to swap mash for chips.

The Kitchen Kid's Roast (gf) £6.99

See server for today's roast.

Scampi & Chips £4.99

Served with peas or beans.

Ham, Egg & Chips (gf) £4.99

Thick cut ham, one fried free range egg, chips and garden peas.

All fizzy drinks come with a refill! £1.99

Fruit Pot £1.99

(gf) This dish is either gluten free or is available as a gluten free option on request

(v) Suitable for vegetarians. (n) Contains nuts. (ve) Vegan option available

As gluten and nuts are present in our Kitchen, we are sorry we cannot guarantee any product is 100% free of these items.

mains

Locally Sourced Sausages and Mash Served with rich onion gravy.	£10.99
Homemade Mexican Chili Served with rice, sour cream and tortilla chips.	£11.49
Home Cooked Ham, Eggs and Chips (gf) Thick cut ham, two fried free range eggs, chips and garden peas.	£11.49
Hunters Chicken Chicken topped with cheese, bacon and BBQ sauce, served with chips and coleslaw - (gf - without BBQ sauce)	£11.99
Steak Pie Served with a choice of potatoes and seasonal vegetables.	£11.99
Beef Stew with Horseradish (or plain) Mash (gf) Our head chef's own recipe, tastes wonderful with her horseradish mash but if you would prefer plain buttered mash just tell your server.	£11.99
Macaroni Cheese (v) (add bacon for £1.49)	£8.99
Baked Beef Lasagne Served with chips and dressed salad leaves.	£11.49
Aubergine, Butternut Squash and Walnut Bake (v) (n) Roasted vegetable and aubergine bake on a tomato sauce base topped with a cheese sauce with a walnut crumb, served with fresh seasonal veg and a choice of potatoes.	£11.99
Cottage Pie & Vegetables Homemade traditional cottage pie served with seasonal vegetables.	£11.79
Our Vegan & Gluten Free Cottage Pie (ve) (n) A Warm comforting treat filled with green lentils, sweet potatoes, carrots and swede in a seasoned tomato based sauce and topped with crushed new potatoes and chive served with a side of fresh seasonal veg	£11.79

sides

Side of Chips	£3.29
Sweet Potato Fries	£4.29
Mashed Potato	£2.00
Kitchen Garden Salad (v) (gf)	£3.29
Coleslaw (v) (gf)	£1.99
Garlic Bread (v)	£3.99
Garlic Bread with Cheese (v)	£4.99
Bread & Butter (gf) (v)	£1.99
A Pot of Gravy (gf - optional)	£0.99
Seasonal Vegetables (v) (gf)	£2.99
Onion Rings (v) (gf - optional)	£3.49
Baked Beans	£1.49
Peas	£1.49

puddings

Ice Cream (gf) Choose from vanilla, chocolate or strawberry.	£3.99
Homemade Cheesecake of the Day Ask your server for today's cheesecake special.	£5.99
Sticky Toffee Pudding (n) (gf) Served with your choice of cream, ice cream or custard.	£5.99
Warm Chocolate Brownie (gf) (n) Served with chocolate sauce and vanilla ice cream.	£5.99
Warm Vegan Chocolate Brownie (gf) (ve) (v) (n) With vegan ice cream.	£5.99

grills

8oz Steak and Chips (gf) 8oz steak with chips, onion rings, grilled tomato and garden peas.	£15.99
Gammon Steak (gf) 10oz gammon steak served with peas, tomato, chips and topped with egg or pineapple (or both add £1.00)	£13.99
Mixed Grill 8oz steak, chicken breast, gammon steak, locally sourced sausage, free range egg, onion rings, flat field mushroom, tomato, peas & chips.	£19.99
Add Peppercorn, Béarnaise sauce	£1.99
Add Stilton sauce	£2.49

Kitchen "BLT" ciabatta

Bacon, Lettuce, Tomato and Mayonnaise Served in a warm ciabatta with chips.	£10.99
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sandwiches

All our sandwiches are made to order. Choose from white or multigrain bloomer bread or rustic sourdough baguette. Sandwiches are not served after 7pm.

the Kitchen Fish Finger Sandwich	£7.99
Free Range Egg Mayonnaise and Salad Leaves (gf) (v)	£5.99
Cheddar Cheese with Tomato (gf) (v)	£5.99
Brie with Grapes (gf) (v)	£6.99
Goat's Cheese and Red Onion Chutney (gf) (v)	£6.99
Tuna and Mayonnaise with Salad Leaves (gf)	£6.99
Prawns in Marie Rose Sauce	£8.49
with Crisp Lettuce (gf)	
Home Cooked Ham, Wholegrain Mustard and Tomato (gf)	£6.99

add soup or chips or salad	£2.99
Add a mug of homemade soup or a portion of chips or a side salad to your sandwich for £2.99 each.	

**Upgrade your chips
to sweet potato fries
for just £1.00**

The Kitchen Eton Mess (gf) Strawberries, raspberries, cream and home cooked meringue with raspberry coulis	£5.99
Homemade Bread & Butter Pudding Served with your choice of cream, custard or ice cream.	£5.99
Apple and Blackberry Crumble Served with your choice of cream, custard or ice cream.	£5.99
Chocolate Fudge Cake (n)	£5.99
Kitchen Cheese Board to Share (gf) A selection of British cheeses served with chutney, celery, grapes and crackers.	£8.99

franklin & sons

Sicilian Lemon and English Elderflower

With crushed juniper

Ginger Beer

With malted barley & a squeeze of lemon

Dandelion and Handpicked Burdock

With Star Anise

fizzy free refill

Cola Draught

Diet Cola Draught

Lemonade Draught

bottled

Diet or Regular Coke

Appletiser

Apple & Mango J20

Orange & Passion Fruit J20

Apple & Raspberry J20

100% fruit juices

Apple

Orange

Grapefruit

Pineapple

Cranberry

teas

English Breakfast

Earl Grey

Mint

Camomile

Fruity and Herbal Tea

Green Tea

Pot

Mug

£3.29

£2.19

£3.89

£2.39

£3.89

£2.39

£3.89

£2.39

£3.89

£2.39

coffees

Espresso

Single shot of coffee

Double Espresso

Double shot of coffee

Long Black Americano

Single shot topped up with water

Flat White

Double shot topped up with hot milk

Cappuccino

Double shot topped with steamed and frothed milk, dusted with chocolate

Latte

Single shot with steamed milk

Mocha

Single shot of coffee and shot of chocolate, topped with steamed milk and dusted with chocolate

Macchiato

Double shot topped with frothed milk in a short cup

Soya milk available

white wine

125ml

175ml

250ml

bottle

£3.19

Ca' di Ponti Catarratto, Italy

£3.19

£4.66

£5.99

£15.79

Rounded honey flavoured white wine,
balanced by lemony acidity

£3.19

Pinot Grigio-Garganega, Italy

£3.29

£4.96

£6.46

£16.69

Lightly aromatic, ripe citrus and apple

£3.19

Sauvignon Blanc, Pasquiers,

£3.46

£5.06

£6.66

£18.46

Vins de Pays d'Oc 2015, France

£2.99

Chardonnay, Bellefontaine,

£3.66

£5.26

£6.89

£20.51

Vins de Pays d'Oc, France

£2.99

Unoaked Chardonnay, clean, fresh and full of flavour

£2.99

rosé wine

125ml

175ml

250ml

bottle

£3.19

Ancora Rosato, Monferrato

£3.39

£4.66

£5.79

£16.99

Chiaretto, Italy

£3.19

Classical Italian aromas of red fruit and
cherries, with a hint of tannin

£3.19

Pinot Grigio Blush, Principato,

£3.49

£4.79

£5.99

£16.96

Venezie, Italy

£3.19

red wine

125ml

175ml

250ml

bottle

£2.69

Garnacha, Bodegas

£3.29

£4.69

£5.99

£15.89

Borsao, Spain

£2.69

Juicy bramble fruit with a hint of spice

£2.69

Sangiovese di Puglia,

£3.29

£4.96

£6.46

£16.99

Ancora Rosso, Italy

Medium bodied, red berries and damson fruit

£2.19

Merlot, Les Oliviers, Vins de

£3.46

£5.19

£6.79

£18.89

Pays, France

£2.39

Intense fruit aromas with a touch of pepper, supple and
smooth with a rich finish

£2.39

Rioja, Vega Piedra, Spain

£3.69

£5.69

£7.41

£22.19

Soft and approachable with ripe berries and long finish

£2.39

bubbles

bottle

£2.09

Lunetta Prosecco Spumante, Venezie, Italy

£24.66

Light and fruity, hints of apple and peach.

Fresh, soft and sparkly

£2.39

Lunetta Rosé Spumante, Trentino, Italy

£24.66

Beautiful cherry pink with red berries make this a stunner

£2.69

Champagne Charles Chevalier

£36.59

Brut d'Honneur, Ay, France

Classic Champagne but more affordable than most

£2.69

Champagne Charles Chevalier

£42.66

Brut d'Honneur Rosé, Ay, France

Fine mousse and an attractive pink colour, fruity with ripe
strawberries and vanilla

£2.89

hot chocolate

the Kitchen Hot Chocolate

£3.09

Steamed chocolate with marshmallows