

# *The* Kitchen

restaurant • bar • café



# menu



## starters

### Homemade Soup (gf) (ve) (v) £5.99

We make our soup from fresh seasonal ingredients and serve it with freshly baked bread.  
Please ask for today's soup of the day.

### Goat's Cheese Bruschetta (gf) (v) £6.49

Grilled goat's cheese topped with onion chutney served on sourdough bread.

### Garlic Bread (v) £4.29

(add cheese for £1.00)

### Homemade Chicken Liver Pate (gf) £6.49

Spiked with brandy and green peppercorns, served with toasted sourdough bread.

### Vegetable Spring Rolls (v) (ve) £6.49

With sweet chilli dip

### Garlic Mushrooms (gf) (v) £6.49

Served on toasted sourdough bread.

## mains

### Kitchen Ploughman's (gf) £12.99

Home baked ham, chicken liver pate, grapes, pickled onions, celery and Cheddar cheese with chutney and fresh baked bread.

### Traditional Beer Battered Fish and Chips (gf) £12.99

(Homemade Gluten Free Batter available)  
Served with mushy or garden peas, chips & tartare sauce.

### Scampi and Chips £13.49

Served with either mushy peas or garden peas, chips & tartare sauce.

### Surf & Surf and Chips £13.49

Half a portion of battered cod and half a portion of fried scampi served with garden peas, chips & tartare sauce.

### Locally sourced Sausages and Mash £10.99

Served with rich onion gravy.

### Home Cooked Ham, Eggs and Chips (gf) £11.99

Thick cut ham, two fried free-range eggs, chips & garden peas.

### Homemade Beef Stew with Horseradish (or plain) Mash (gf) £12.49

Our own recipe, tastes wonderful with horseradish mash but if you would prefer plain buttered mash just tell your server.

### Hunters Chicken (gf) £12.99

Chicken topped with cheese, bacon and BBQ sauce, served with chips & coleslaw.

### Baked Beef Lasagne £11.99

Served with chips and dressed salad leaves.

### Vegan Cottage Pie (gf) (v) (ve) £12.79

A warm comforting treat filled with green lentils, sweet potatoes, carrots and swede in a seasoned tomato-based sauce and topped with crushed new potatoes and chive served with a side of fresh seasonal vegetables.

### Steak Pie £11.99

Served with a choice of potatoes and seasonal vegetables.

### Homemade Chilli & Rice (gf) £11.49

Served with rice, sour cream, & tortilla chips.

### Homemade Macaroni Cheese (v) £9.99

Home baked Mac 'n' Cheese comes with a creamy bechamel cheese sauce & baked in our pipping hot ovens.

**Add bacon to your Mac 'n' Cheese for £1.49**

## grills

### 8oz Steak and Chips (gf) £17.99

8oz steak with chips, onion rings, grilled tomato and garden peas.

### Gammon Steak (gf) £15.99

10oz gammon steak served with peas, tomato, chips and topped with egg and pineapple.

### Mixed Grill £22.99

8oz steak, chicken breast, gammon steak, locally sourced sausage, free range egg, onion rings, flat field mushroom, tomato, peas and chips.

### Peppercorn or Stilton sauce £1.99

## build your own burgers

All of our burger are served with chips

### Homemade Beef Burger (gf) £11.99

With red onion, tomato & mixed salad leaves

### Spicy Bean Burger (v) (ve) £9.99

With red onion, tomato & mixed salad leaves.

### Add an extra beef pattie or extra Oumph £4.99

### Oumph Burger (gf) (ve) (v) £11.99

Epic veggie eating for free range humans. Chunks of soya bean protein in a BBQ sauce. Served in our house bun with red onion, tomato and salad leaves.

### Add Extra Toppings £1.49

Cheddar cheese, fried egg, Stilton, chilli, bacon or a few onion rings

## salads

Mixed salad leaves cucumber celery red onion & tomato with our house dressing of honey and mustard (gf) £7.99  
Optional Dressings, House or Caesar

The Kitchen Caesar £7.99  
Salad leaves, free range egg, roasted capers, Caesar dressing and Italian hard cheese

Tuna £12.49  
Ham £12.49  
Chicken £12.49  
Goat's Cheese £12.49  
Oumph (ve) £12.49

## sandwiches

All our sandwiches are made to order. Choose from white or multigrain bloomer bread or rustic sourdough baguette. Sandwiches are served until 6pm.

the Kitchen Fish Finger Sandwich £7.99  
Free Range Egg Mayonnaise and Salad Leaves (gf) (v) £6.29

## sides

Side of Chips (v) (ve) (gf) £3.49  
Sweet Potato Fries (v) (ve) (gf) £4.49  
Onion Rings (v) (gf - optional) £3.49  
Kitchen Garden Salad (v) (gf) £3.49  
Coleslaw (v) (gf) £1.99  
Garlic Bread (v) £4.29  
Garlic Bread with Cheese (v) £5.29  
Bread & Butter (gf) (v) £1.99  
A Pot of Gravy (gf - optional) £0.99  
Baked Beans £1.49  
Peas £1.49  
Mash £2.00

Brie with Grapes (gf) (v) £7.29  
Goat's Cheese and Red Onion Chutney (gf) (v) £7.29  
Tuna and Mayonnaise with Salad Leaves (gf) £7.29  
Home Cooked Gammon Ham, Wholegrain Mustard and tomato (gf) £7.29  
Cheddar Cheese with Tomato (gf) (v) £6.29

**Add a side of chips to your sandwich for only £2.99**

**Upgrade your chips to sweet potato fries for just £1.00 extra**

## kid's menu

perfect for kids up to 10 years

Macaroni Cheese (v) £5.49  
With baked beans or peas.

Beef Burger on a Seeded Bun & Chips £5.49

Cod Fish Fingers £5.49  
Served with chips, garden peas or baked beans.

Locally Sourced Little Sausages & Mash £5.49  
Served with garden peas or baked beans.  
We're happy to swap mash for chips.

Scampi & Chips £5.49  
Served with peas or beans.

Fizzy drinks £1.99  
Free refill available on fizzy drinks

Fruit Shoots £1.50

## kid's puds

Vanilla, Chocolate or Strawberry Ice Cream (gf) £1.99

Chocolate Brownie with Vanilla Ice Cream (gf) (ve) £2.99



## puddings

Ice Cream (gf) £3.99  
Choose from vanilla, chocolate or strawberry. Vegan options also available.

Baked Vanilla Cheesecake (ve) £6.49  
The classic cheesecake made with full-fat soft cheese on a digestive biscuit crumb

Sticky Toffee Pudding (n) (gf) £6.49  
English dessert of a moist sponge cake, made with finely chopped dates, covered in a toffee sauce served with your choice of cream, ice cream or custard.

Warm Chocolate Brownie (gf) (n) (ve) £6.49  
Served with chocolate sauce and vanilla ice cream.

The Kitchen Eton Mess (gf) £6.49  
Strawberries, raspberries, cream, and meringue with raspberry coulis

Chocolate Fudge Cake (n) £6.49

(gf) This dish is either gluten free or is available as a gluten free option on request (v) Suitable for vegetarians. (n) Contains nuts. (ve) Vegan option available. As gluten and nuts are present in our Kitchen, we are sorry we cannot guarantee any product is 100% free of these items.

## franklin & sons

Sicilian Lemon and English Elderflower With crushed juniper	£3.29
Ginger Beer With malted barley & a squeeze of lemon	£3.29
Dandelion and Hand picked Burdock With Star Anise	£3.29

## fizzy

Cola Draught	£2.99
Diet Cola Draught	£2.99
Lemonade Draught	£2.99
Free Refill Available	

## bottles

Diet or Regular Coke	£3.29
Appletiser	£3.29
Apple & Mango J20	£3.29
Orange & Passion Fruit J20	£3.29
Apple & Raspberry J20	£3.29

## 100% fruit Juices

Apple	£2.79
Orange	£2.79
Grapefruit	£2.79
Pineapple	£2.79
Cranberry	£2.79

## teas

	Pot	Mug
English Breakfast	£3.59	£2.29
Earl Grey	£4.19	£2.59
Mint	£4.19	£2.59
Camomile	£4.19	£2.59
Fruity and Herbal Tea	£4.19	£2.59
Green Tea	£4.19	£2.59

## coffees

Espresso Single shot of coffee	£2.49
Double Espresso Double shot of coffee	£2.99
Long Black Americano Single shot topped up with water	£2.49
Flat White Double shot topped up with hot milk	£2.99
Cappuccino Double shot topped with steamed, frothed milk, dusted with chocolate	£2.99
Latte Single shot with steamed milk	£2.99
Mocha Single shot of coffee and shot of chocolate, topped with steamed milk and dusted with chocolate	£3.29
Macchiato Double shot topped with frothed milk in a short cup	£2.49

## hot chocolate

the Kitchen hot chocolate Steamed chocolate with marshmallows Soya milk available where applicable	£3.19
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125ml 175ml 250ml bottle

## white wine

Ca'di Ponti Catarratto Italy - Rounded honey flavoured white wine, balanced by lemony acidity	£4.59	£5.49	£7.79	£17.89
Pinot Grigio-Garganega Italy - Lightly aromatic, ripe citrus and apple	£4.69	£6.69	£7.89	£18.89
Sauvignon Blanc Pasquiers - Vins de Pays d'Oc 2015, France	£4.79	£5.79	£7.89	£21.49
Chardonnay Bellefontaine - Vins de Pays d'Oc, France. Unoaked Chardonnay, clean, fresh and full of flavour	£4.89	£5.89	£7.99	£22.89

## rose wine

Ancora Rosato, Monferrato Chiaretto, Italy - Classical Italian aromas of red fruit and cherries, with a hint of tannin	£4.69	£5.89	£7.89	£19.99
Pinot Grigio Blush Principato Venezia, Italy	£4.79	£5.99	£7.99	£21.99

## red wine

Garnacha, Bodegas Borsao, Spain Juicy bramble fruit with a hint of spice	£4.69	£5.89	£7.99	£19.99
Sangiovese di Puglia Ancora Rosso, Italy Medium bodied, red berries and damson fruit	£4.79	£5.99	£8.19	£21.89
Merlot, Les Oliviers Vins de Pays, France Intense fruit aromas with a touch of pepper, supple and smooth with a rich finish	£4.89	£8.19	£8.49	£22.89
Rioja, Vega Piedra Spain - Soft and approachable with ripe berries and long finish	£4.99	£8.29	£8.99	£24.89

## bubbles

	125ml	bottle
House Prosecco	£6.49	£24.99
Lunetta Prosecco Spumante Venezie, Italy Light and fruity, hints of apple and peach. Fresh, soft and sparkly		£24.99
Lunetta Rosé Spumante Trentino, Italy Beautiful cherry pink with red berries make this a stunner		£24.99
Champagne Charles Chevalier Brut d'Honneur, Ay, France Classic Champagne but more affordable than most		£38.99
Champagne Charles Chevalier Brut d'Honneur Rosé, Ay, France Fine mousse and an attractive pink colour, fruity with ripe strawberries and vanilla		£43.99